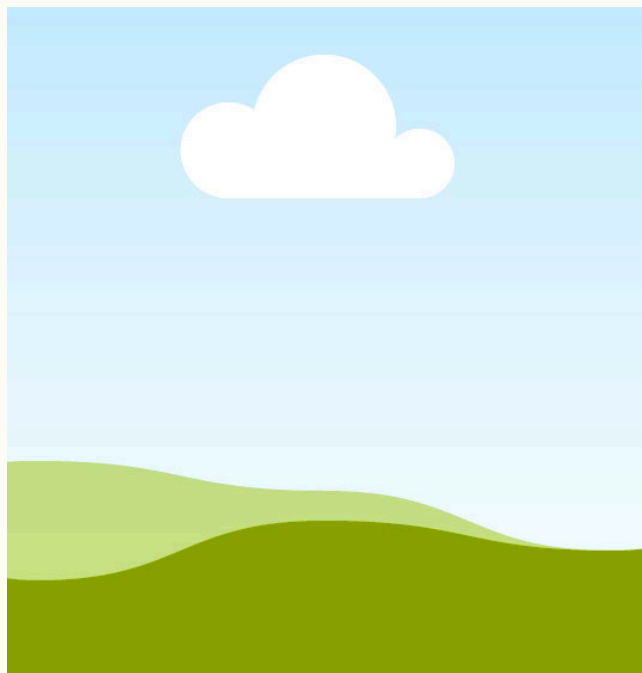


NEWSLETTER HIGHLIGHTS

October 10th



PROGRAMS

For the last month, our school has been doing several events for the "School Fundraising" agenda. All of the school members – students, teachers, and parents – have been working with various parties.

UNIQUELY ME PRESENTED BY LEDCOR GROUP

Our Uniquely Me Gala on October 9th transported guests to the elegance of La Dolce Vita in Milan. A heartfelt thank you to everyone who attended, our amazing partners, inspiring models and ambassadors, and especially our fabulous co-hosts, Josh and Alana. The evening was brought to life with stunning entertainment from The PreTenors, who added a truly glamorous touch to the celebration.

Holiday Party Christmas Market

With enough interest our holiday party this year will feature a Friends Marketplace.

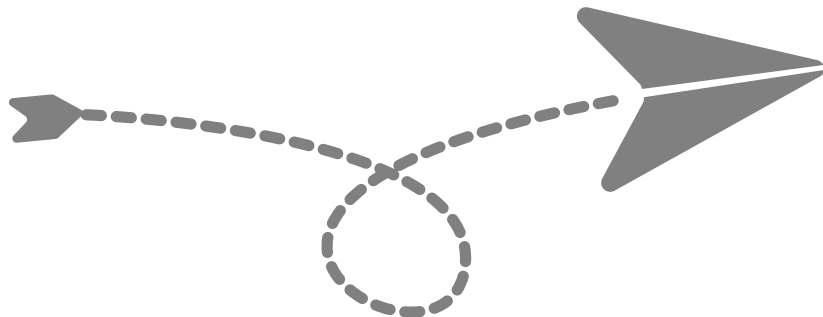
We would like to feature businesses ran by individuals with Ds or businesses that feature items focused to enhance lives of individuals with Ds

Reach out to contact@edss.ca with interest or further inquiry



edmonton
down syndrome
society

EDSS Weekly Wonders
October 10, 2025



Janet's Corner



JANET'S CORNER

UNIQUELY ME

Fantastic time



Janet Tryhuba
Executive Director



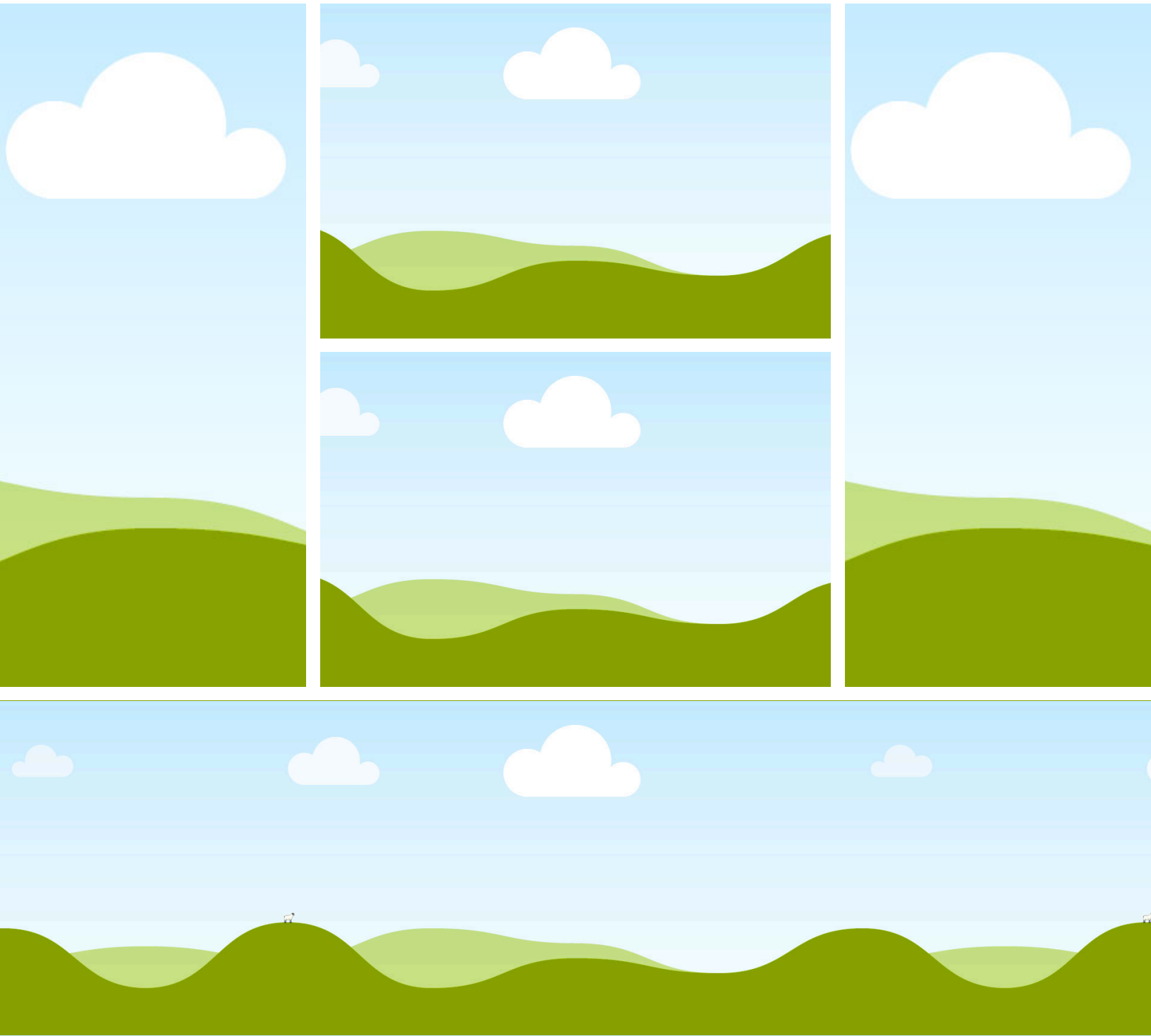
♥ Thank You for Making Uniquely Me 2025 a Night to Remember!

What an incredible evening! Our Uniquely Me Fashion Show & Gala was a wonderful success – a full house, stunning fashion, and so much community spirit.



We are deeply grateful to everyone who attended, volunteered, donated, sponsored, and cheered us on. Your support helps the Edmonton Down Syndrome Society continue to provide vital programs and services for individuals with Down syndrome and their families.

From the bottom of our hearts – thank you for helping us celebrate inclusion, confidence, and “La Dolce Vita in Milan.” ♥



FAMILY SUPPORT

LITERACY & COMMUNICATION

Our program uses Natalie Hale's Whole Child Reading approach, an evidence-based method designed to support functional communication, language comprehension, and cognitive development through engaging, personalized reading activities.

ROUTINE TEMPLATE

As this is a challenging time with schools closed due to the strike, we know how hard it can be to keep routines on track.

To help bring some consistency – while keeping learning fun – we've created a simple activity you can try at home

SING, SIGN, LAUGH AND LEARN

A collaboration with Edmonton Public Library.

You and your child from birth to age five are invited to join us for songs, rhymes and signs! In this inclusive class, offered Free for EDSS Members in collaboration with the Edmonton Early Intervention Program, parents/caregivers will interact one-on-one with their child while learning strategies to engage their child and enhance their child's communication and development through repetition, visuals and movement.

Class/Event Format: each 45 minutes session, preceded and followed by community time.

WEEKLY ON WEDNESDAY
10:15 - 11:30 AM.

For more information on any family Services, reach out to our Director of Community & Family Services

JULIE@EDSS.CA

FINANCIAL PLANNING SESSION

This Session will Cover:

Important tools such as RDSPs, trusts, and other financial planning strategies to help you build long-term security and peace of mind for your family.

Join Jeremiah
Renner on
October 16th

Available virtual and in-person

LET'S KEEP LEARNING AND
GROWING TOGETHER!

DTC Webinar
Nov 25th

SING, SIGN, LAUGH AND LEARN

a collaboration with Edmonton Public Library.

You and your child from birth to age five are invited to join us for songs, rhymes and signs! In this inclusive class, offered free for EDSS Members in collaboration with the Edmonton Early Intervention Program, parents/caregivers will interact one-on-one with their child while learning strategies to engage their child and enhance their child's communication and development through repetition, visuals and movement.

Class/Event Format: each 45 minutes session, preceded and followed by 15 minutes of community time.

Weekly on Wednesday 10:15 - 11:30 am.

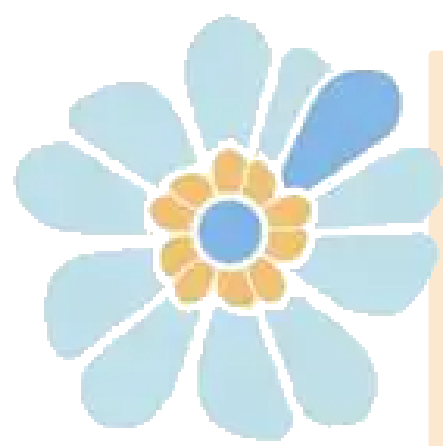
Disability Tax Credit Webinar

planinstitute.ca

Learn about the DTC as a gateway benefit to access the CDB and the RDSP. Our brand new DTC webinar, developed with our partners at DABC, launched last month! Only 16% of people who could be eligible for the DTC are receiving it. In this webinar, learn about the DTC, eligibility criteria, application tips, and what happens after you apply. Get access to expert advice from a DTC specialist during the 45-minute Q&A period.

Register now:

- Tuesday, November 25, 4 pm-5:45 pm



Literacy & Communication Program



Introducing Our New Literacy & Communication Program at EDSS!

Our program uses Natalie Hale's Whole Child Reading approach, an evidence-based method designed to support functional communication, language comprehension, and cognitive development through engaging, personalized reading activities.

Participants receive:

- Personalized reading plans tailored to their interests and needs
- Custom-made books at their current reading level
- Literacy lotto games designed to build comprehension, sequencing, and memory skills

Each plan includes six, 50-minute sessions focused on building skills and confidence.

Cost: \$300.00

Reserve your spot now!

julie@edss.ca



This approach helps build:

- Stronger receptive and expressive language through tailored reading materials
- Improved phonological awareness and vocabulary for everyday communication
- Enhanced comprehension and sequencing skills that support daily routines
- Greater social interaction skills through fun, interest-based activities

This pilot project currently has 6 spots available as we seek funding to expand and sustain the program.

Our trained team provides expert, strength-based support to learners of all ages, making literacy development accessible and enjoyable.



Facilitator: Jeremiah Renner EPC, FIC, CFP®

FINANCIAL PLANNING SEMINAR

STRONGER FUTURES: FINANCIAL PLANNING FOR FAMILIES OF CHILDREN OR ADULTS WITH DOWN SYNDROME

YOU ARE INVITED!



Date: Wednesday, October 16th

Time: 6:30 – 7:30 PM

Location: Edmonton Down Syndrome Society, 9139 39 Ave NW, Edmonton

Format: Join us in person or virtually

\$ Cost: Free

RSVP to Julie at julie@edss.ca.

You will receive the event link 24–48 hours before the session.



THIS SESSION WILL COVER ...

Important tools such as RDSPs, trusts, and other financial planning strategies to help you build long-term security and peace of mind for your family.

As this is a challenging time with schools closed due to the strike, we know how hard it can be to keep routines on track.

To help bring some consistency — while keeping learning fun — we've created a simple activity you can try at home:

Pick one day each week for your child(ren) to plan the day!

From breakfast to activities, they get to design the schedule.

We've made a template to make it easy — and you can rotate who's "in charge" each day to keep things fresh, fun, and engaging for everyone.



SCHEDULE

Breakfast

**Learning
Activity**

**Fun
Activity**

Lunch

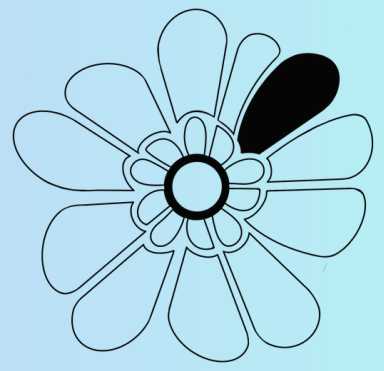
**Quiet
Activity**

**Outdoor
Activity**

Dinner

**Evening
Activity**

PROGRAMS



ADULT DAY PROGRAM

I'm Listening

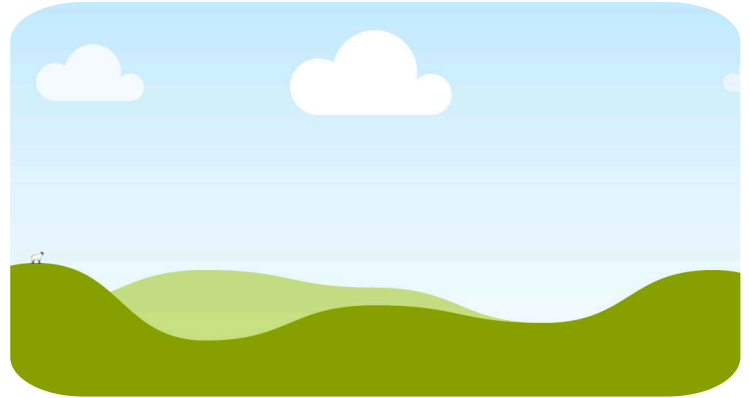
Oct 14-17

Good communication means not just talking, it means listening, too!

Teachers Strike

In the event of a teachers strike please note that we will have some additional spots available in our Day Program for ages 14 +. Spots will be limited if you are interested or have any questions, please contact Meghan right away to schedule

*Please note the Day Program has a rate of \$75/day.



Adult Social Club

Formerly Friday Night Outings

October 10th

5:30 - 7:30pm

Open to 18+

RSVP to meghan@edss.ca to ensure there will be enough food & drinks for all!

CLUB 21 TEENS

Ages 13 - 17

October 17

6:00 - 8:00pm

Register by October 14th to meghan@edss.ca



CLUB 21 KIDS

Ages 6 - 12

October 24

6:00 - 8:00pm

Register by October 22 to meghan@edss.ca



CLUB 21 KIDS

Ages 6 - 12

October 17

6:00 - 8:00pm

Register by October 14th to
meghan@edss.ca

CLUB 21 TEENS

Ages 13 - 17

October 24

6:00 - 8:00pm

Register by October 22 to
meghan@edss.ca

ADULT DAY PROGRAM

OCT 14 - 17

I'M LISTENING

Good communication means not just talking, it means listening, too!
This theme helps us practice really listening when someone is speaking. We will learn to show we care by using our eyes, ears, and hearts.

Monday - Friday
10am - 4pm

To learn more or register please email contact@edss.ca



OCTOBER 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

29

1

2

3

4

My Voice Matters!



5

6



8

9

Let's Be Friends!

10

Pizza Party!!



11

12

13



No Day Program!
Thanksgiving!

14

15



Outing:
Edmonton Corn
Maze

16

I'm Listening!

17

18

19

20



21

Safe People, Safe Places

22

23

24

Bountiful Market



25

26

27

28

29

30

Costumes, Kindness & Candy



31

Costume Party!!



Complimentary 30- Minute Speech Sessions

Offered every Monday and Friday
by a certified Speech-Language
Pathologist!

Outing Details :

Corn Maze October 15-

10:00am-2:30- drop off and
pick up at same location 26171

Garden Valley Road, Spruce
Grove T7Y 1B3 - \$17+gst

Bountiful Market- Oct 24



WEEK SUMMARIES

October, 2025

I'm Listening!

October 14-17

Good communication means not just talking, it means listening, too! This theme helps us practice really listening when someone is speaking. We will learn to show we care by using our eyes, ears, and hearts.

Safe People, Safe Spaces

October 20-24

Not everyone is safe, this theme will help us learn how to spot a safe adult, where safe places are, and what to do if someone makes us feel unsure. We will learn to trust our feelings and get help when needed.

Costumes, Kindness & Candy

October 27-31

This week we are having fun with Halloween stories, costumes and games- while learning how to stay safe, speak kindly and make good choices- this is a Halloween celebration for everyone! Let's be a little spooky, but always safe.

Details:

Closed for Thanksgiving - October 13

Pizza Party- 5:30pm-7:30pm, October 10! 🍕

+ plus ones are invited!



SAVE THE DATE HOLIDAY PARTY

Based on your feedback we are
holding our Holiday party on

Thursday December 4, 2025

We look forward to seeing
you there!

DO YOU OWN A BUSINESS?

With enough interest our holiday
party this year will feature a Friends
Marketplace.

We would like to feature businesses
ran by individuals with Ds or businesses
that feature items focused to
enhance lives of individuals with Ds
reach out to contact@edss.ca with
interest or further inquiry.

Deadline to express interest Oct 24th

OFFICE INFORMATION

Hours

Monday - Thursday
9:00am - 4:30pm

Fridays
9:00am - 12:00pm



PHONE 780-944-4224

9139 39 AVE NW
EDMONTON, AB T6E 5Y2

EDSS OFFICE WILL BE CLOSED
OCTOBER 13TH FOR THANKSGIVING



Please be sure to remember your
indoor shoes for any events
you are attending at the
EDSS office.